



YOUNG PEOPLE'S MENTAL HEALTH
Counselling, Education & Training

**FREE COUNSELLING FOR
YOUNG PEOPLE 11-21**

**GROUPS, WORKSHOPS
AND 1:1 COACHING**

**MENTAL HEALTH TRAINING
FOR PROFESSIONALS**

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mkyis.org.uk

YiS is a community-led charity staffed mostly by volunteers
Registered Charity No: 1120074



Milton Keynes
Development Partnership